

## Otepoti ki Te Raki Community Support Services

Organisation	Contact Details	Description of Services
Presbyterian Support - Dunedin and Taieri	03 477 7116  familyworks@psotago.org.nz or enquiries@psotago.org.nz  407 Moray Place Dunedin Central	<ul> <li>Can help navigate government and community services that may be available to you and your family.</li> <li>Manages an emergency food bank in Dunedin.</li> </ul>
Salvation Army	03 477 9852 160 Crawford Street, Dunedin	Manages emergency food parcels
Healthline	0800 611 116  www.health.govt.nz/your-health/s ervices-and-support/health-care-s ervices/healthline	<ul> <li>Health advice:</li> <li>If you don't have a family doctor</li> <li>If you're feeling unwell but you're not sure if you need to see a doctor</li> <li>If you want some advice about a family member or a friend who's sick (if you are with them)</li> </ul>
Ministry of Health	www.health.govt.nz/our-work/dise ases-and-conditions/covid-19-nov el-coronavirus	<ul><li>Latest updates on Covid19</li><li>Health information in different languages</li></ul>
Dunedin Public Hospital	03 474 0999	For emergencies only. Please call ahead first if you suspect Covid19
Te Roopu Tautoko Ki Te Tonga	03 477 4670 tautoko@es.co.nz	<ul> <li>Non-profit Maori health provider based in Dunedin.</li> <li>Run a number of programmes and services that are free to access.</li> </ul>
Te Kāika	03 471 9960 25 College Street, Caversham	Inexpensive medical, dental and physio clinic.
Youthline Otago	0800 376 633 or free text 234	Helpline counselling for youth via phone, text, webchat, email
Lifeline	0800 543 354 or free text 4357 (HELP)	Helpline counselling for anyone via phone, text, webchat, email
Dunedin Police	03 471 4800 general Or 111 in emergencies	Help with urgent matters
Dunedin City Council	03 477 4000 www.dunedin.govt.nz/news-and-events/public-notices/COVID-19-information	Support with necessary services ie water supply
Ministry of Social Development	www.msd.govt.nz/about-msd-and -our-work/newsroom/2020/covid-1 9/index.html	Information on financial support due to Covid19
Government Helpline	0800 779 997 covid19.govt.nz	Advice on who to connect with if you need help